Accompanied b. mixed olves, artichoke hear
asserted vegtabies and white bean ummus
Serred with apricot preserves and crostini.

Make it deluxe with cured meats.
Prosciutto, Italian ham, cotto and salame.

## BITES AND SNACKS

MELON \& PROSCIUTTO-9.oo (gf, df) Sliced melon, thin sliced prosciutto di Parma, arugula and Italian vinaigrette
house cured salmon - 9.90
Fennel orange salad, lemon oil, crispy capers and bagel chips
ZUCCHINIFRITTERS-7.90 (veg)
Served with creamy house dipping sauce
BAKED RICOTTA WITH SPINACH - 8.90 (veg) Served with crostini and truffle honey
BRUSCHETTA-8.90 (veg)
Crostini topped with ricotta spread, tomato, red onion balsamic and olive oil

SAVORY CROISSANTS
Ham and egg, egg and cheese, ham and cheese - 4.25 Ham, egg and cheese - 5.00

## ENTRÉES

Add a cup of soup, side salad or Caesar salad - 2.00
grilled chicken breast - 11.50 Grilled asparagus, Moroccan spiced couscous and olive tapenade
tURKEY MEATLOAF-11.00
Marinated kale, tomato jam and roasted vegetables
SHRIMP AND GRITS-13.00 (gf)
With harissa beurre blanc and fresh herb salad
GRILLED PORTOBELLO - 12.00 (gf, vegan) Sautéed kale, radichio slaw and roasted pepper sauce

## CHICKEN PARMIGIANA-11.50

Breaded chicken cutlet with marinara, Parmesan and mozzarella cheese with sautéed spinach

DIJON CRUSTED SALMON-16.00 Oven roasted tomatoes and caramelized fennel and farro

## SOUPS

Made in house daily
TOMATO BASIL SOUP - (veg)
Creamy tomato soup garnished with croutons Cup - $4.00 \quad$ Bowl-6.50

Add grilled cheese
(Provolone and cheddar on sourdough) - 5.50
soup of the day
Find our board for today's selection

## SALADS

Add a cup of soup - 2.00
Served with crostini
MARINATED KALE SALAD - 9.oo
Chopped kale marinated in classic Caesar dressing, cherry tomatoes, shredded Parmesan, toasted almonds and croutons

SPINACH SALAD - 10.00
Hard boiled egg, provolone cheese, salame, cherry tomatoe with warm bacon vinaigrette and croutons

## GRECA - 9.00

Chopped romaine, spring mix, Roma tomato, cucumber, red onion, roasted red pepper, Kalamata olives and crumbled feta with lemon oregano vinaigrette

CHOPPED SALAD - 10.00
Mixed greens, tomato, red onion, avocado, crumbled blue cheese, turkey and sliced mushrooms in creamy house dressing

ARro And roasted Vegetable - 10.90 (vegan) Caramelized fennel and farro over mixed greens topped with seasonal roasted vegetables and shredded beets in Italian vinaigrette
Add protein to any salad:
Chicken (4 oz.) - 4.50
Steak (8 oz.) -7.50
Shrimp ( 6 pieces) -5
Grilled salmo ( 6 - 5.50

## COMBOS

SOUP / SALAD COMBO - 7.50 Cup of soup and small salad (Kale, Greca, Caesar, or Side salad) with crostini

SANWICH COMBO-8.90
/2 Deli sandwich:
turkey and cheddar on wheat
curried egg salad on white
tuna salad on wheat
chicken salad on white
With choice of house chips, side salad, side Caesar,
cup of soup or pasta salad

## SANDWICHES

Gluten-free bread available - 1.00
Served with house chips
Sub asparagus or roasted vegetables - 2.00
CLASSIC BURGER - 9.0o
American cheese, lettuce, tomato and red onion
TEXAN BURGER-9.50
Cheddar cheese, bacon, red onion and sliced pickles
TALIAN BURGER-9.90
Mozzarella, arugula, tomato, prosciutto and basil aioli
BLT - 9.0o
With sliced avocado and aioli on toasted multigrain

Grilled Chicken sandwich - 9.50 Sun dried tomato aioli, spinach, provolone and sliced tomatoes on challah

ROASTED VEGETABLE SANDWICH - 9.90 (vegan) Mixed roasted vegetables, hummus, radicchio slaw, sprouts and shredded beets on toasted multigrain

## PANINI

Toasted sandwich, served on local bread with a side of greens in house vinaigrette
Add a side - 1.50
Add asparagus or roasted vegetables -2.00
Sub gluten-free bread - 1.00
SMOKED MOZZARELLA - 8.50 (veg)
Smoked mozzarella, arugula and tomato jam on marble rye
сотto-9.50
Italian ham, sliced Roma tomatoes, provolone cheese and Dijon aioli on sourdough bread

BACON, TURKEY, AND BRIE-9.90 Roasted turkey, bacon, brie and Dijon aioli on cranberry walnut bread

## PIZZAS

10" House made dough, prepared to orde Gluten-free dough available

CLASSIC CHEESE - 6.oo
Add pepperoni - 1.90
Prosciutto e Arugula - 11.50
Tomato sauce, shredded mozzarella and provolone, fresh arugula, sliced prosciutto and shaved Parmesan

BIANCA-9.90
Cream sauce, spinach, Parmesan, garlic and fresh mozzarella

## PASTAS

Pasta is crafted daily in house
Gluten-free pasta available

Topped with fresh basil
FETTUCCINI ALFREDO-9.oo (veg)
PESTO PASTA-9.oo (veg)
Rigatoni in fresh pesto sauce with mozzarella
PAStA BOLOGNESE-11.0o (df)
Rigatoni with house Bolognese
BAKED FUSILI AND CHEESE-9.90 (veg)
3 cheese cream sauce baked with breadcrumbs

Add to any pasta dish
Meatballs (3) - 4.50
Grilled chicken (4 oz.) - 4.50
LASAGNA - 11.00
House made with Bolognese, mozzarella cheese and
house tomato sauce, baked with Parmesan cheese
MUSHROOM LASAGNA - 10.00 (veg)
House made with roasted mushrooms and bechamel,
baked with Parmesan chees

## KIDS MEAL - 5.5

## Choose one of each

Please respect that our kids menu is reserved for our friends under 12

## entree

grilled cheese
MACARONI \& CHEESE
TOASTED HAM \& CHEDDAR
turkey sandwich with lettuce \& tomato

Chocolate chip cookie or mixed frut

## beverage

Milk, chocolate milk, fountain drink, or apple juice

## SIDES

Moroccan couscous - 2.50
Pasta salad - 2.50
Grilled asparagus - 3.50
Roasted vegetables -3.50
Radicchio slaw - 3.50
House chips - 1.50
Caramelized fennel and farro salad - $3.5^{\circ}$

